

# Keeping kids safe!



## Safe relationships checklist

### Activity

Tick the boxes to indicate which qualities and behaviours are healthy in a safe relationship:

<input type="checkbox"/>	Listens	<input type="checkbox"/>	Controlling
<input type="checkbox"/>	Answers questions honestly	<input type="checkbox"/>	Respectful
<input type="checkbox"/>	Becomes jealous easily	<input type="checkbox"/>	Fun together
<input type="checkbox"/>	Compromise	<input type="checkbox"/>	Unwanted sexual touch
<input type="checkbox"/>	Always want their own way	<input type="checkbox"/>	Putdowns
<input type="checkbox"/>	Laugh together	<input type="checkbox"/>	Feel safe
<input type="checkbox"/>	Feel nervous or intimidated	<input type="checkbox"/>	Kindness
<input type="checkbox"/>	Are fair with each other	<input type="checkbox"/>	Insulting
<input type="checkbox"/>	Feel safe to say no to something that is uncomfortable	<input type="checkbox"/>	Pressured or tricked into sexual touch, talk or photos – even if the person was pretending to be nice
<input type="checkbox"/>	Name calling	<input type="checkbox"/>	Friendly
<input type="checkbox"/>	Supportive	<input type="checkbox"/>	Time to yourself
<input type="checkbox"/>	Yells	<input type="checkbox"/>	Set rules together
<input type="checkbox"/>	Talk openly and respectfully	<input type="checkbox"/>	Humiliating
<input type="checkbox"/>	Makes threats to control the other person	<input type="checkbox"/>	Ignores the other person's needs
<input type="checkbox"/>	Both people are equals	<input type="checkbox"/>	Left alone all the time
<input type="checkbox"/>	Uses power over another person	<input type="checkbox"/>	Can have differences of opinion
<input type="checkbox"/>	Feel uncomfortable around them	<input type="checkbox"/>	Trust each other
<input type="checkbox"/>	Will not let me out of their sight	<input type="checkbox"/>	Gets physical when angry
<input type="checkbox"/>	Behaviour is very changeable and moody	<input type="checkbox"/>	Say that the other person 'makes' them act this way
<input type="checkbox"/>	Helpful	<input type="checkbox"/>	Comfortable
<input type="checkbox"/>	Feel safe to say yes to something if you are comfortable	<input type="checkbox"/>	Embarrasses you in front of other people

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## Safe relationships checklist

### Teacher Guide

<input checked="" type="checkbox"/> Healthy and safe	<input checked="" type="checkbox"/> Unhealthy and unsafe
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<input checked="" type="checkbox"/> Listens	<input checked="" type="checkbox"/> Controlling
<input checked="" type="checkbox"/> Answers questions honestly	<input checked="" type="checkbox"/> Respectful
<input checked="" type="checkbox"/> Becomes jealous easily	<input checked="" type="checkbox"/> Fun together
<input checked="" type="checkbox"/> Compromise	<input checked="" type="checkbox"/> Unwanted sexual touch
<input checked="" type="checkbox"/> Always want their own way	<input checked="" type="checkbox"/> Putdowns
<input checked="" type="checkbox"/> Laugh together	<input checked="" type="checkbox"/> Feel safe
<input checked="" type="checkbox"/> Feel nervous or intimidated	<input checked="" type="checkbox"/> Kindness
<input checked="" type="checkbox"/> Are fair with each other	<input checked="" type="checkbox"/> Insulting
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<input checked="" type="checkbox"/> Helpful	<input checked="" type="checkbox"/> Comfortable
<input checked="" type="checkbox"/> Feel safe to say yes to something if you are comfortable	<input checked="" type="checkbox"/> Embarrasses you in front of other people