

# Keeping kids safe!

## Conversation Cards

Suitable for children from 5+

### Activity



20 cards to spark conversations about personal safety.

Cards 1 - 12 cover personal safety in the real world and cards 13 - 20 explore online safety.

### Instructions

1. Print and cut the Conversation Cards.
2. Discuss the safety rules; be kind and respectful to each other, it's okay to 'pass', if a child has a private story they should tell an adult after the session and it's good to ask questions.
3. Take turns to draw a conversation card and read it aloud to the group.
4. Discuss answers to the question on the card, some ideas and suggested answers have been provided to help you guide the conversation.
5. Repeat until all the Conversation Cards have been used.

Visit [DanielMorcombe.com.au](http://DanielMorcombe.com.au) to download the parent & carer guide or the educator guide.



1

Every person in the world has the **right to feel safe**. As a child, you have a safety network of grown-ups you can ask for help.

**Who are the grown-ups in your safety network that you can talk to about anything?**

2

Max and Lyla are friends. One day, while they are playing on the swings, Lyla tells Max that someone she knows well has hurt her.

**What do you think Max could say to help Lyla?**

3

A grown-up that James knows gives him a nice present, something he really wants, but the grown-up asks James to do something in return that makes him feel uncomfortable or scared.

**What could James do?**

4

Everyone has public and **private body parts**.

**Which parts of the body are the private body parts?**

5

There is a difference between a **safe secret** and an **unsafe secret**. Safe secrets make people feel happy or excited. Unsafe secrets make people feel uncomfortable or scared.

**Someone has asked Jake to keep an unsafe secret, what could Jake do?**

6

Someone has made Freddy feel uncomfortable and he has told a grown-up on his **safety network**, but Freddy didn't feel like that grown-up listened to him.

**What would you tell Freddy to do?**

7

When someone feels uncomfortable or unsafe, they might get some '**body clues**'. These can include a sick feeling in their tummy or their heart might beat faster.

**What are some other body clues someone might have if they feel unsafe?**

8

Izzy is waiting to be collected from her netball match. Her Dad's friend, Marie, drives past and offers to take her home. Izzy asks Marie for their **family password**. Marie doesn't know it, so Izzy doesn't go with her. A few minutes later her Dad turns up to take her home.

**What is a family password and why was it important that Izzy's family had one?**

9

Recently Nate has been feeling unsafe.

**Why is it important that Nate tells a grown-up from his safety network that he doesn't feel safe?**

10

Do you know the phone numbers of your **safety helpers**?

**Who else can you call if you ever feel unsafe and need to tell someone?**

11

There are 3 Rs to remember when we are learning to stay safe:

**Recognise** body clues.  
**React** in an unsafe situation.  
**Report** to a grown-up who can help.

**How could someone 'react' if they found themselves in an unsafe situation?**

12

Kids Helpline **1800 55 1800** is a free, 24/7 counselling service that all kids in Australia can use to speak to a grown-up at any time, for any reason.

**What do you think children all over Australia phone about?**



13

Do your parents or carers know about the games, apps and websites you enjoy?

Why or why not?

14

Carla and Tegan have been talking online for a long time now, but they have never met in the real world. Tegan has asked Carla to meet her at the weekend.

What do you think Carla could do?

15

It's important to know how to stay safe in the 'real world' and the 'online world'.

Can you explain the difference between the 'real world' and the 'online world'?

What things do you do to stay safe online?

16

Molly put a **private photo** of Chris online without asking Chris if it was okay to do that.

What could Chris do to get the photo removed from the internet?

17

Katie and Ellis are friends in the 'real world' and they also talk to each other on the internet. Ellis notices that someone is being unkind to Katie on the internet and he thinks they might be **bullying** her.

What could Ellis do to help Katie?

18

On the internet, someone has asked Niya to send them her **personal information**.

What information is 'personal information'?

What would you tell Niya to do?

19

Mark likes playing **online games**.

Do you play any online games?

How might someone make Mark feel uncomfortable while he is playing an online game?

20

Chloe is playing an **online computer game**. Hannah starts talking to her. They both love puppies, dancing and they even have the same favourite TV show.

Are Hannah and Chloe friends?

Use the word 'because' to explain your answer.

