

# Lesson Synopsis



## Australia's Biggest Child Safety Lesson 2019

Australia's Biggest Child Safety Lesson has been developed using age appropriate, evidence-based personal safety education strategies for children aged 8 to 12 years. All language used in Australia's Biggest Child Safety Lesson is appropriate for children in the primary age range and we encourage the use of positive and appropriate vocabulary.

<b>Introduction</b>	Our newsreader, Marlina Whop, introduces children to the lesson concept – a news bulletin and provides a brief summary of the stories that will be covered. An explanation of Child Protection Week/Day for Daniel is provided.
<b>The right to be safe</b>	The newsreader explains the United Nations Convention Rights of the Child (UNCRC). World leaders came together and made a promise to every child to protect and fulfil their rights, by adopting the UNCRC. Some of the Rights of the Child are discussed such as 'the right to be properly cared for and protected from violence, abuse and neglect' to reinforce that all children have the right to be safe all the time (protective behaviours). Developing an understanding of what the child's rights are is an important part of a child being able to identify if their rights are being met.
<b>Recognise, React, Report</b>	A short dramatization introduces the concept of body clues and how children can recognise when they might not be safe. Animations present a visual representation of body clues such as feeling sick in the stomach, the heart racing quickly or crying. The narrator covers how to react if we are feeling unsafe: that students can say no and get to a safe place as soon as possible. Newsreader explains who Safety Helpers are and why it is important to talk to them when a child isn't feeling safe, encouraging children to keep telling someone until someone listens. Example Safety Helpers are introduced e.g. Auntie/ Uncle/ Police.
<b>Safety tips</b>	Children from Brightwater State School share their responses to questions about staying safe. These responses include why it is important to tell someone if a child isn't feeling safe, tips for talking to grown ups to get help and information on being a safety helper for your friend.
<b>Getting help – Kids Helpline</b>	A Junior Journalist (12 year old boy) explains Kids Helpline's services and models what it is like to call Kids Helpline. He then interviews a Kids Helpline, asking some of the questions children might have about calling. These include how to contact them, what you can talk about, when you can contact them and whether the calls are private and confidential.
<b>Conclusion</b>	The Newsreader recaps the messages: the right to be safe; recognise, react, report; and help seeking behaviour.

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