

Family Technology Agreement Template:

For each member of the family

This family technology safety plan is for:		
Child's name:	Includes these devices:	It will be reviewed every:
Morky Morcombe	lpad lphone my laptop	Month
		Person who is responsible for reviewing:
		Mum & Dad Morcombe

We agree to only use devices:	
During these times:	And in these places:
Weekdays from 5 - 6pm (only if homework is done) Weekends - 2 hours per day, times to be negotiated.	The lounge room Our family room The family study

We will use the internet for:	
These purposes:	With these time restrictions:
Schoolwork or research: Games and fun Communicating with family or friends	As needed (will talk to mum and dad) Max 30 mins a day during week / 1 hour day on weekend. Max 30 mins a day during week / 1 hour day on weekend.

Our plan for managing the following situations:	
Receiving mean messages:	I will turn off my device and not respond. I will find a safety helper to talk to.
Managing our personal information:	I will not use my real name or age online. If I want to share a photo with family or friends I will ask myself: 1. Is it sensible? 2. Is it safe? 3. Do I have permission to share it? 4. Will it make someone mad / sad? AND I will only share via private emails.
Checking privacy settings on apps:	I will let mum and dad know about any updates.
Dealing with notifications or 'pop-ups':	If I see a popup, suspicious link or strange story, I will NOT click it and will ask myself the following questions: 1. Could someone be trying to scam or trick people? 2. Could it be a fake story? 3. Does it seem true? THEN I will show mum & dad and see what they think.

If something makes us feel worried or scared online we can contact these people:	
My 5 Safety helpers are:	Mum & Dad, my teacher, Aunty, Kids Helpline or my AFL coach.

If any family member breaks this agreement, we will talk calmly and respectfully to each other and not overreact. We will work together to negotiate consequences and come to a resolution. This agreement may be revised in the future if we wish to do so. However, we accept to follow the current contract until we agree to a new one.

Children: Signed: _____

Parent(s)/Carer(s): Signed: _____