



**True or False?**

Being **SAFE** is meant to feel good.

Answer: TRUE

It's important to **RECOGNISE** unsafe situations. Say '**RECOGNISE**' ten times while hopping on one leg.

**True or False?**

Your **NOSE** is a **PUBLIC** body part.

Answer: TRUE. Public body parts can be seen in public places like school or the shops. Often, clothes cover some public parts e.g. trousers cover our legs.

Jump high in the air (as though you are jumping for joy), and say aloud, "It feels good to be safe."

**True or False?**

A funny tummy is one of the clues your body might give you when something is unsafe.

Answer: TRUE.

When you recognise an unsafe situation, you should then **REACT** to it. Can you use your arms and legs to spell out the word **REACT** with your body?

**True or False?**

**PRIVATE** body parts are covered by underwear or swimmers.

Answer: TRUE

Say '**RECOGNISE, REACT, REPORT**' five times over as quickly as you can.

**True or False?**

When you are travelling on a bus, it's best to find a seat in the back row.

Answer: FALSE. It's best to sit where the driver can see you.

**True or False?**

If your body is giving you clues that you are unsafe, you should stay in the same spot.

Answer: FALSE. You should go to a safe place and get help from a safety helper.



**True or False?**

If you try to report to a Safety Helper, and they don't listen, you should just give up.

Answer: FALSE. You have a right to be safe. If someone doesn't listen to you, try another Safety Helper: Keep trying until someone listens.

Collect a **SAFE** card from the pile.

**True or False?**

The phone number for Kids Helpline is 1800 55 1800

Answer: TRUE

Point to another player, and say in a robot's voice, "You have the right to feel safe."

**True or False?**

If you find online images that make you feel scared or uncomfortable, you should keep this a secret.

Answer: FALSE. This would be an example of an unsafe secret. You should RECOGNISE that you feel uncomfortable; REACT by leaving the device or turning it off; REPORT to a safety helper.

Take a **SAFE** card from another player. If they don't have one, they miss a turn and you take a card from the **SAFE** cards pile.

Give one of your **SAFE** cards to another player. If you don't have one, go back one space.

Try to say '**RECOGNISE, REACT, REPORT**' in a voice like a cat.

**True or False?**

The three Rs stand for: READ, REST, RELAX.

Answer: FALSE. The three Rs stand for RECOGNISE, REACT, REPORT.

Put your arm out in front of you to make a **STOP** signal – as though you are the traffic police. Shout out loud, "No! My body belongs to me."



This is a **LUCKY** card. It can be any of the **SAFE** letters.

**True or False?**

Your parent is in charge of your body.

**FALSE. You are in charge of your body. Your body belongs to YOU.**

Can you act like a scared cat?  
How might a person act a bit the same if they felt unsafe?

**True or False?**

The Daniel Morcombe Foundation's motto is "Keeping Kids Safe."

**Answer: TRUE.**

**True or False?**

No one should do anything to your body that makes you feel scared, confused or uncomfortable.

**Answer: TRUE. If you need help looking after your body, you can ask a parent/caregiver to help you, but this should ALWAYS feel safe.**

Safety helpers are adults who listen to you, believe you and do what they can to help you feel safe.

Think of two safety helpers.

For each one, say their name aloud and pretend to give them a high five.

Go to the 'Get Red, Red Ready' space and then collect a **SAFE** card.

**True or False?**

It's okay to be picked up by your friend's parent, even if they don't know the family password.

**Answer: FALSE. You should create a family password that is used by anyone who is picking you up. If they don't have the password, you shouldn't go with them.**

Run around in a circle three times.  
As you do so, say aloud, "If I feel unsafe, I can run to get help."

**True or False?**

'REPORT' means talking to a safety helper about the things that have made you feel unsafe.

**Answer: TRUE. Safety helpers are adults who listen to you, believe you and try to make a situation safe for you.**



**True or False?**

Kids Helpline is a free telephone and online counselling service specifically for young people aged between 5 and 25. You can call anytime, for any reason.

Answer: TRUE.

Put one of your **SAFE** cards back on the pile.

**True or False?**

Sweaty palms, wobbly knees and a pounding heart are all clues your body might give you when something is unsafe.

Answer: TRUE.

Go back 6 spaces.

**True or False?**

You made a Mother's Day gift, but you haven't told your mum. This is an example of a safe secret.

Answer: TRUE. Safe secrets are secrets such as a surprise birthday party. They make everyone smile, and no one gets hurt. Unsafe secrets make people feel uncomfortable or scared.

Skip ahead 6 spaces.

**True or False?**

It's never okay to break a rule.

Answer: FALSE. If you are unsure, or feel unsafe, then it's okay to say 'No', or break a rule to get away.

Ask another player to put one of their **SAFE** cards back onto the pile. If they don't have one, they miss a turn.

**True or False?**

Only family can help you when you feel unsafe.

Swap one of your **SAFE** cards with another player OR pick a **SAFE** card up from the **SAFE** cards pile.

Answer: FALSE. A safety network includes at least five adults/organisations who will listen to you, believe you and help you. It can include family, but it should also include some people from outside your home.