

# Lesson synopsis



## Early Years and Junior Primary 2021

**Australia's Biggest Child Safety Lesson has been developed using age appropriate and evidence-based personal safety education strategies for children aged 4 to 7 years old.**

This edition of Australia's Biggest Child Lesson is fully animated. It has a duration of approximately 10 minutes.

### Introduction

Our presenter, a stick figure named Jordan, introduces herself and the Daniel Morcombe Foundation's mascot, Morky.

Morky is nonverbal and communicates with exaggerated gestures. Jordan and Morky explain Australia's Biggest Child Safety Lesson and a few ground rules for participating in the lesson. These are: to be kind to each other and if we have a private story to tell, to speak to an adult after the lesson.

The theme of help seeking is introduced. Morky brings out the story book Little Red Riding Hood, to illustrate help seeking.

### Safety Helpers

Little Red Riding Hood's mother tells her not to talk to strangers. She reminds Little Red Riding Hood that if she ever feels unsafe, she can talk to her safety helpers. Little Red Riding Hood reflects on her safety helpers: her grandma, mother, teacher, friend Jane's mother and the Police.

Jordan and Morky explain that Safety Helpers are adults who listen to us, believe us and help us to be safe. This segment establishes that it is adults' responsibility to keep kids safe and that telling an adult safety helper is always the right thing to do.

### RECOGNISING body clues

Jordan and Morky introduce the **RECOGNISE, REACT, REPORT** sequence. Then, we see Little Red Riding Hood arrive at Grandma's House. She notices that Grandma seems different. Little Red Riding Hood experiences body clues which let her know that she might not be safe. Her palms sweat, her heart beats quickly and she feels sick in the stomach.

Jordan and Morky explain that body clues are a sign that we might not be safe, that we don't necessarily get all of them but whenever we do, we can **RECOGNISE, REACT** and **REPORT**.

### REACT to keep ourselves safe

Grandma asks Little Red Riding Hood to come closer. Jordan and Morky affirm that Little Red Riding Hood's body belongs to her and that she has the right to say no to anything that makes her feel unsafe. She stays on the spot. Grandma continues to beckon her closer. Little Red Riding Hood expresses that she wants to make Grandma happy and follow her mother's instructions to always listen to her Grandma. Jordan and Morky unpack that it is ok to break a rule to be safe and to say no to anyone: a family member, a stranger or another child.

Little Red Riding Hood says, "Stop, I don't like it," and runs out of the house. Jordan and Morky explain that we could also say no, run to a safe place or yell. Jordan and Morky affirm that it is ok if we haven't been able to **REACT** like this in the past and that it's not our fault.



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### REPORTING to a Safety Helper

Little Red Riding Hood deliberates over telling a Safety Helper. Her first Safety Helper is her Grandma. Jordan and Morky explain that sometimes, people we know behave in a way that isn't safe.

They note the importance of talking to a different Safety Helper until we get the help that we need. Little Red Riding Hood talks to her mother, who calls the police. Grandma is rescued and she praises Little Red Riding Hood for her courage. Jordan and Morky affirm that telling a Safety Helper is always the right thing to do.

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### Conclusion

Jordan and Morky state that it is never a child's fault if they have felt unsafe, even if they have felt unsafe in the past, it's never too late to talk to a Safety Helper. They introduce Kids Helpline as a potential support, in the event that the lesson has triggered children to feel distressed.

They reinforce that all children have the right to be safe and to be supported and helped if they have ever or ever feel unsafe in the future.

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